

Queensland Race Walking Club Inc.

Building on a fine tradition of race walking, 69 years in the making.



December 5th 2024



**Friday 6th - Sunday 8th December
QSAC - Queensland Sport and Athletics Centre**

All the very best to our race walkers competing in the Australian All Schools Championships at QSAC. Race walking kicks off on Friday afternoon with the 5,000 metre events for the Under 17 & Under 18 men & women.

Walk Programme

Friday 6 December

- 4.45pm 5000m Race Walk Under 17 Girls
- 4.45pm 5000m Race Walk Under 18 Girls
- 5.35pm 5000m Race Walk Under 17 Boys
- 5.35pm 5000m Race Walk Under 18 Boys

Saturday 7 December

- 5.10pm 3000m Race Walk Under 15 Girls
- 5.10pm 3000m Race Walk Under 16 Girls
- 6.10pm 3000m Race Walk Under 15 Boys
- 6.10pm 3000m Race Walk Under 16 Boys

Sunday, 8 December

- 8.45am 3000m Race Walk Under 14 Girls
- 9.10am 3000m Race Walk Under 14 Boys

Race Entry Lists

5000m Race Walk Under 17 / 18 Girls

- 1 Lyla WILLIAMS 2007 U18 New South Wales 24:49.00
- 2 Brooke NEWBERRY 2007 U18 Queensland 28:20.00
- 3 Sienna PITCHER 2007 U18 New South Wales 24:37.60
- 4 Ariana PASHUTINA 2007 U18 Victoria 28:10.00
- 5 Jessica LORING 2009 U17 New South Wales 26:56.60
- 6 Angelina LEGRAND 2008 U17 South Australia 24:36.00

- 7 Kaytee BOGAERS 2008 U17 Western Australia 27:26.90
- 8 Danelia SAMUEL 2008 U17 New South Wales 27:31.30
- 9 Milly SHARPE 2008 U17 North Queensland 24:58.30

5000m Race Walk Under 17 / 18 Boys

- 1 Oliver MORGAN 2007 U18 Tasmania 25:30.00
- 2 Cooper RECH 2007 U18 South Australia 24:29.00
- 3 Myles ASHBY 2007 U18 3 New South Wales 22:52.00
- 4 Bailey HOUSDEN 2007 U18 Queensland 20:07.00
- 5 John RONAN 2007 U18 Western Australia 20:00.30
- 6 Riley COUGHLAN 2007 U18 Victoria 21:07.00
- 7 Joel BYATT 2007 U18 New South Wales 22:22.00
- 8 Samuel LINDSAY 2008 U17 Tasmania 22:00.00
- 9 Alexander SINNETT 2008 U17 New South Wales 25:43.90
- 10 Kai DALE 2008 U17 Queensland 26:07.00

3000m Race Walk Under 15 / 16 Girls

- 1 Matilda WEBB 2009 U16 New South Wales 14:57.40
- 2 Olivia BOULTON 2009 U16 Queensland 15:12.00
- 3 Maisie MITCHELL 2009 U16 New South Wales 15:40.90
- 4 Emma GROCOTT 2009 U16 Australian Capital Territory 14:45.00
- 5 Katica BORSIC 2009 U16 Western Australia 17:39.40
- 6 Sarah HOLMES 2009 U16 Victoria 16:03.00
- 7 Mietta MORGAN 2009 U16 Victoria 16:08.00
- 8 Chelsey IRELAND 2009 U16 Western Australia 17:34.80
- 9 Trinity DOULIS 2010 U15 Western Australia 16:24.40
- 10 Sophie POLKINGHORNE 2010 U15 New South Wales 13:48.00
- 11 Bethany MOORE-KIRKLAND 2010 U15 Queensland 15:25.00
- 12 Liliana MARTIN 2010 U15 Western Australia 19:38.00
- 13 Eva PARKER 2010 U15 Tasmania 15:59.00
- 14 Ella COSGRAVE 2010 U15 Queensland 16:48.00
- 15 Lexie BEACROFT 2010 U15 New South Wales 16:10.20
- 16 Jillian RYAN 2010 U15 Australian Capital Territory 16:22.00
- 17 Matilda READ 2010 U15 Victoria 15:08.00
- 18 Matilda RECH 2010 U15 South Australia 17:55.00
- 19 Hannah MATTHEWS 2010 U15 Victoria 15:39.00

3000m Race Walk Under 15 / 16 Boys

- 1 Max DAVIDSON 2009 Victoria 14:39.00
- 2 Riley BRECKON 2010 New South Wales 15:05.70
- 3 Sagan JONES 2011 New South Wales 16:15.70
- 4 Christopher NILON 2009 New South Wales 15:25.30
- 5 Eli MELINZ 2010 Queensland 17:00.00
- 6 Noah COOKE 2010 Queensland 14:02.00
- 7 Jaime HVALICA 2010 Victoria 15:31.00

3000m Race Walk Under 14 Girls

- 1 Nikki HEARNDEN 2011 New South Wales 16:00.20
- 2 Liliana TEMPLER 2012 South Australia 18:17.50
- 3 Ashleigh MANSELL 2012 New South Wales 15:53.50
- 4 Isabella WELCH 2012 Queensland 15:45.00
- 5 Lani ELLWOOD 2011 North Queensland 17:06.70
- 6 Elspeth HOOPER 2012 Queensland 16:24.81
- 7 Mya MCCLURE 2011 Victoria 15:01.00

3000m Race Walk Under 14 Boys

- 1 Sebastian RYAN 2012 Australian Capital Territory 18:00.00
- 2 Liam DOMONEY 2011 Western Australia 14:25.00
- 3 Callum MARTIN 2011 New South Wales 13:30.10
- 4 Lewis MCLENNAN 2011 Victoria 15:38.00
- 5 Tyler COUSINS 2011 New South Wales 15:05.10
- 6 Riley HILL 2011 South Australia 21:43.90
- 7 Angus SHUTTLEWORTH 2011 Victoria 14:51.00

RESULTS RESULTS RESULTS

UQ Athletics Club 1500 Metre Classic - Celebration Mile

November 30th UQ Sport Athletics Centre

Women 1 Mile Race Walk Open

- 1 Williams, Lyla 07 KCA 7:25.31
- 2 Moore-Kirkland, Bethany 10 DDA 7:26.58
- 3 Boulton, Olivia 09 GCA 7:32.72
- 4 Millard, Summer 05 UNQ 8:02.98
- 5 Williams, Freya 14 KCA 9:43.76

Men 1 Mile Race Walk Open

- 1 Housden, Bailey 07 QRWC 6:02.08
- 2 Cooke, Noah 10 QRWC 6:59.64
- 3 Moore, Lachlan 11 IGN 7:31.33

COMING UP

2024 Australian 35km Race Walking Championships

Sunday 15 December 2024 Albert Park, Melbourne

[Roster Athletics · 2024 Australian 35km Race Walking Championships](#)

7:00 am 20km Race Walk Men Senior

7:00 am 20km Race Walk Women Senior

7:00 am Australian Championship 35km Race Walk Men Senior

7:00 am Australian Championship 35km Race Walk Women Senior

20km Race Walk Men Senior

- 1 Jack MCGINNISKIN 2002 NSW 1:27:57
- 2 Marcus WAKIM 2006 VIC 1:38:21
- 3 Declan TINGAY 1999 WA 1:18:30 1:19:56
- 4 Alejandro STEPHENS 1993 VIC 1:44:25
- 5 Fraser SAUNDER 2004 VIC 1:34:19

20km Race Walk Women Senior

- 1 **Tayla BILLINGTON 1997 25 QLD 1:36:27**
- 2 Alanna PEART 2003 26 VIC 1:39:08
- 3 Hannah BOLTON 2003 27 NSW 1:39:09
- 4 Alexandra GRIFFIN 2005 28 WA
- 5 Nellie LANGFORD 2005 29 SA 1:51:05
- 6 Char HAY 2003 VIC 1:50:54 1:54:22

Australian Championship 35km Race Walk Men Senior

- 1 Timothy FRASER 2000 ACT
- 2 Carl GIBBONS 1996 NSW 2:41:32 2:47:33
- 3 Dylan RICHARDSON 2000 NSW 2:38:34
- 4 Mitchell BAKER 2001 ACT 2:31:07
- 5 Corey DICKSON 2002 VIC 2:40:16

6 Will THOMPSON 2002 VIC 2:29:58
7 Rhydian COWLEY 1991 VIC 2:26:25
Australian Championship 35km Race Walk Women Senior
1 Olivia SANDERY 2003 SA
2 Rebecca HENDERSON 2001 VIC 2:47:34
3 Hannah MISON 2001 NSW 2:59:09
4 Elizabeth MCMILLEN 2004 NSW
5 Kelly RUDDICK 1973 VIC 3:00:04
6 Bridget BELL 2002 NSW 3:17:51
7 Allanah PITCHER 2003 NSW 2:50:23 3:11:22
8 Christina PAPADOPOULOU 1996 GRE 2:57:29

National Walk Competitions

Supernova Track 10km Walks

AIS Track Canberra January 25-26th

2025 Australian and Oceania 20km Race Walking Championships

February 16th War Memorial Drive, between Froome and Bunday's Roads, Adelaide

2025 Australian Athletics Championships

WA Athletics Stadium, Perth

U13 - U18 Championships: 4-8 April 2025

Open & U20 Championships: 10-13 April 2025

Qld Track Season 2024/25

Queensland Athletics

January 18th QA Shield QSAC 3,000/5,000 metres

February 1st QA Shield QSAC 3,000/5,000 metres

February 22nd QA Shield QSAC 3,000

QA 10,000 metres Championships

March 13-16th QA Championships QSAC

Queensland Masters Athletics 2024

14th/15th December 2024, Venue SAF

QMA Decathlon/Heptathlon Championships & other events

14th December 2024 Saturday

9.00 1500m Walk

15th December 2024 Sunday, SAF

8.15 3000m Walk

9.30 800m Walk

21st December 2024 Saturday SAF

8.00 3000m Race Walk

10.00 1 Mile Race Walk

10.50 End of Year Social Morning Tea

QMA dates for 2025

11th January 2025 Saturday, SAF

8.00 2000m Walk

18th January 2025 Saturday, SAF

8.00 5000m Walk

25th January 2025 Saturday, SAF

8.00 3000m Walk

1st February 2025, SAF

QMA 3000m Walk Championships

Entries close at 7.30am

8.10 3000m Run Championships

9.40 1500m Walk

15th February 2025 Saturday, SAF

8.10 3000m Run/Walk

22nd February 2025 Saturday, SAF

9.00 1500m walk

23rd February 2025 Sunday, QSAC Main Track

8.15 3000m Walk

9.30 800m Walk

1st March 2025 Saturday Main Track

8.00 5000m Race Walk

10.00 1500m Race Walk

8th March 2025 SAF

8.00 3000m Race Walk

19th March 2025 Wednesday Evening SAF

7.00pm 2000m Walk

8.15pm 800m Race Walk

29th March 2025 Saturday SAF

9.45 1500m Race Walk

Saturday 5th April 2025

QMA State Championships, SAF

5000m Walk

Sunday 6th April 2025

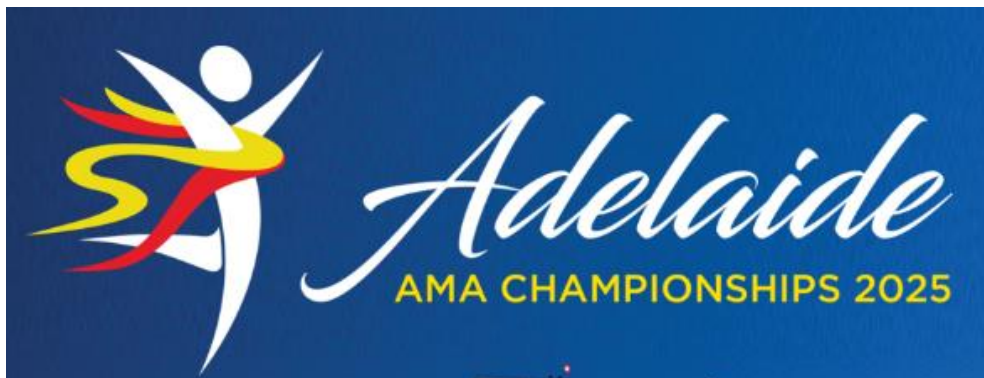
QMA State Championships, SAF

1500m Walk

12th April 2025 Saturday SAF

8.00 3000m Race Walk

10.00 1500m Race Walk



AMA Championships in Adelaide 18th to 21st April

Entries now open <https://adelaide2025.com.au/>

Friday 18 April 1500m Race Walk

Saturday 19 April 5000m Race Walk

Monday 21 April 10km Road Walk

Road Walk Venue

The course for the 10km Road Walk will be within Park 20 in the South Park Lands. Located near the tram stop at South Terrace.

Level 3 Race Walking-specific accreditation course

The QRWC is in discussions with AA about the club hosting a Level 3 Race Walking-specific accreditation course.

AA look set to lock in the weekend of 8/9 February 2025 to present this course in Brisbane. The course presenter will be Level 5 coach Mark Donahoo from Victoria.

Not only will this initiative upskill the next generation of race-walking coaches it will also be an opportunity for current coaches to advance their qualifications and skills.

FairPlay vouchers

Queensland Race Walking Club Inc has been approved as a registered activity provider for FairPlay vouchers. We now appear on the Fairplay [Activity Provider directory](#).

We encourage you to let other members know that the club is registered for FairPlay vouchers. For more information on the FairPlay program please refer to [website](#).

If you have any questions, please contact the team at fairplayvouchers@dtis.qld.gov.au.



Department of Tourism and Sport

QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors MUST wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification. This applies to the 2nd RWA Federation Carnival in Melbourne on August 25th.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

Racewalking Queensland Management Committee 2024/25

President: P Bennett

Vice President. J-R McRoberts

Secretary: N. McKinven

Treasurer N McKinven

Committee: Shane Pearson, Joanne McRoberts, Claire Chadwick, Jasmine Blackburn, Ignacio Jimenez, Simon Dunleavy

Patrons: Patrick & Maxine Sela

Registrar: S Dale

Handicapper A Guevara / N McKinven

Uniforms: S Dale

Publicity / Media Jasmine Blackburn

Results R Wales / N McKinven

Newsletter Editor: P. Bennett

Equipment Officer. Ignacio Jimenez & Noela McKinven

Canteen Convenor. Vacant, but to be by roster.

Club Captains: Bailey Housden, Phoebe Chadwick

QRWC MEMBERSHIP 2024/25

NOTE: The Committee has set the QRWC annual membership fee for 2024/25 from October 1st to \$ 25 for all athletes. There will no longer be separate rates for students and non-students.

NON-COMPETING MEMBERS

VOLUNTEER	COMMITTEE MEMBER	OFFICIAL	COACH
Club volunteers are always welcome to assist with club operations and competition days	Club committee members are required to be registered members of their club	Officials accredited with Athletics Australia	Coaches may join an athletics club if they are accredited and currently registered with Athletics Australia

Working with Children Check – Blue Card

Volunteers, committee members, technical officials and coaches are required to have a Blue Card as deemed necessary by their club in accordance with the Queensland Blue Card system. Please refer to your club or www.bluecard.qld.gov.au for more information.

\$0 + CLUB FEE	\$0 + CLUB FEE	\$0 + CLUB FEE	\$0 + CLUB FEE
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NOTE – Additional club membership fees may apply, which varies for each club.

Queensland Athletics Memberships Fees 2024/25 commencing October 1st

**MEMBERSHIP OPTIONS
2024-2025**

Season Period: 01 OCTOBER 2024 – 30 SEPTEMBER 2025



	Platinum \$250.00 + club fee ^A	Gold \$150.00 + club fee ^A	Base & Grun \$12.00 + club fee ^A	School Student \$0 <small>(only valid for QA All Schools pre meet & QA All Schools Champs)</small>
Entry into all QA Shield Meets	FREE	\$18	\$32	N/A
Entry into all QA Championships*	\$10 per individual event	\$22 per individual event	\$32 per individual event	N/A
Entry into QA All Schools Champs	\$10 per individual event	\$22 per individual event	\$32 per individual event	\$32 per individual event
Eligible to represent Qld at 2025 Athletics Australia Championships	YES	YES	NO	NO

Racewalking Queensland Management Committee 2024/25

President: P Bennett
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Secretary: N. McKinven
Treasurer N McKinven

Committee: Shane Pearson, Joanne McRoberts, Claire Chadwick, Jasmine Blackburn, Ignacio Jimenez, Simon Dunleavy

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Canteen Convenor. Vacant, but to be by roster.

Club Captains: Bailey Housden, Phoebe Chadwick

Queensland Athletics Member Protection Policy

As a member of Athletics Australia, Queensland Athletics, an affiliated club or an individual member everyone is required to comply with the Queensland Athletics Member Protection Policy. We are committed to the health, safety and general well-being of all of our members and will work to ensure that everyone associated with our organisation complies with this policy. We would encourage all who are involved in athletics to familiarise themselves and comply with this policy.

You can read the full policy here

<http://www.qldathletics.org.au/Portals/50/General/QA%20Member%20Protection%20Policy%20-%20July%202015.pdf>

All our members, whether an athlete, coach, volunteer official or a parent should be aware of their obligations and responsibilities under these policies.

Who this Policy Applies To

This policy applies to the following, whether they are in a paid or unpaid/voluntary capacity:

- Parents, guardians, spectators and sponsors to the full extent that is possible.
- Individuals appointed or elected to boards, commissions, committees and sub-committees;
- Employees and volunteers; • Support personnel (e.g. managers, physiotherapists, psychologists, masseurs, sport trainers, etc);
- Coaches and assistant coaches (whether or not they are accredited)
- Athletes, coaches, officials and any other personnel participating in any teams, events and activities, including camps and training sessions, conducted or sanctioned by Queensland Athletics • Referees, judges and other officials.
- Members, including life members.
- Member associations and each of its members, including life members.
- Affiliated clubs and associated bodies of Queensland Athletics;
- Peak associations and other State bodies engaged in any form of athletics.
- Any other person or body that is a member of or affiliated to Queensland Athletics.

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 3 Performance coach

Jasmine-Rose McRoberts Level 2 Club coach

Argenis Guevara Level 1

Katya Martin Level 1

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club
racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

About us

Racewalking Queensland conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.



Department of
Tourism and Sport

The Queensland Government provided \$2,500 to the Queensland Race Walking Club to assist training and education volunteers to enable Queenslanders to participate in sport and recreation activities.’